

**TEACHERS , PASTORAL COACH, PERSONAL TUTORS,  
FIKA, ATTENDANCE OFFICER, STUDENT SERVICES,  
PARENTS/CARERS AND CAREERS ADVISORS**

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- Proportionate anxiety linked to academia
- Self-care
- Targeted tutorial programme
- Signposting
- Routine and targeted 121s
- Financial Support
- ALS interventions
- PEP reviews
- Enrichment

**MENTAL HEALTH AMBASSADORS, PASTORAL LEADER,  
HEAD OF PASTORAL AND SOCIAL PRESCRIBING**

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- Well-being conversations
- Group hypnosis/therapy
- Targeted enrichment
- Targeted 121s
- Individual mental health support plan
- Parental concern meeting

**SCC  
GROUP**

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**THRIVING**

**SAFEGUARDING**

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- Referral to Children's Services
- Referral to Adult Services
- Admission to A&E

**SCC COUNSELLING, SERVICE,  
EXTERNAL REFERRALS AND  
SOCIAL WORKERS**

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- Counselling appointments (6 week programme)
- Referral to Early help services
- Referral to third party therapist
- Referral to GP
- Referral to Housing support

- Progressing steadily
- Attending regularly
- Seeking occasional support
- Requiring direction to well-being areas

- Low mood
- Worry
- Panic attacks (not new)
- Confidence/self-esteem
- Sleep hygiene
- Self-harm (not new)
- Relationship/friendship support
- Bereavement/loss
- Parental separation
- Anxiety (functioning)
- Bullying
- Historical abuse
- Special educational needs associated with mental health
- Witness/victim of crime
- Parental incarceration
- LAC transition
- Eating disorder (existing)

- Domestic abuse/violence
- Homelessness
- Drug/alcohol abuse
- Violence
- Bullying
- Female Genital Mutilation
- Forced Marriage
- Gangs
- Abuse (physical, emotional, sexual, neglect)
- Attempted suicide
- Children's services intervention
- Operation encompass referral
- CSE
- Gambling issues
- Missing from home
- Radicalisation/grooming
- Upskirting

- Suicidal thoughts
- Very low mood
- Debilitating anxiety
- Obsessions
- Violence
- Trauma (current and historical)
- Loss
- New/severe self harm
- Eating disorder (new/severe)
- Body dysmorphia