

**TEACHERS , PASTORAL COACH, PERSONAL TUTORS,
FIKA, ATTENDANCE OFFICER, STUDENT SERVICES,
PARENTS/CARERS AND CAREERS ADVISORS**

- Proportionate anxiety linked to academia
- Self-care
- Targeted tutorial programme
- Signposting
- Routine and targeted 121s
- Financial Support
- ALS interventions
- PEP reviews
- Enrichment

**MENTAL HEALTH AMBASSADORS, PASTORAL LEADER,
HEAD OF PASTORAL AND SOCIAL PRESCRIBING**

- Well-being conversations
- Group hypnosis/therapy
- Targeted enrichment
- Targeted 121s
- Individual mental health support plan
- Parental concern meeting

**SCC
GROUP**

THRIVING

SAFEGUARDING

- Referral to Children's Services
- Referral to Adult Services
- Admission to A&E

**SCC COUNSELLING, SERVICE,
EXTERNAL REFERRALS AND
SOCIAL WORKERS**

- Counselling appointments (6 week programme)
- Referral to Early help services
- Referral to third party therapist
- Referral to GP
- Referral to Housing support

- **Progressing steadily**
- **Attending regularly**
- **Seeking occasional support**
- **Requiring direction to well-being areas**

- **Low mood**
- **Worry**
- **Panic attacks (not new)**
- **Confidence/self-esteem**
- **Sleep hygiene**
- **Self-harm (not new)**
- **Relationship/friendship support**
- **Bereavement/loss**
- **Parental separation**
- **Anxiety (functioning)**
- **Bullying**
- **Historical abuse**
- **Special educational needs associated with mental health**
- **Witness/victim of crime**
- **Parental incarceration**
- **LAC transition**
- **Eating disorder (existing)**

- **Domestic abuse/violence**
- **Homelessness**
- **Drug/alcohol abuse**
- **Violence**
- **Bullying**
- **Female Genital Mutilation**
- **Forced Marriage**
- **Gangs**
- **Abuse (physical, emotional, sexual, neglect)**
- **Attempted suicide**
- **Children's services intervention**
- **Operation encompass referral**
- **CSE**
- **Gambling issues**
- **Missing from home**
- **Radicalisation/grooming**
- **Upskirting**

- **Suicidal thoughts**
- **Very low mood**
- **Debilitating anxiety**
- **Obsessions**
- **Violence**
- **Trauma (current and historical)**
- **Loss**
- **New/severe self harm**
- **Eating disorder (new/severe)**
- **Body dysmorphia**